Thank you for exploring the social section of our 2023
Sustainability Review.

To see our entire global approach download the full document.



Driving change through our actions and successes

- 3 Leading the way: we are the S in ESG
- 4 Spotlight social stories
- 8 Corporate social responsibility (CSR)
- **15** Diversity as a competitive advantage
- **16** Our people
- 17 Positively elevating the culture of Expro for today and tomorrow
- **18** Health and wellbeing



Leading the way: we are the S in ESG



Our strategic aim

To attract, develop and retain the best talent to create a diverse and inclusive working environment to ultimately support in enhancing our culture.

Our purpose

To be a safe, diverse and inclusive people-focused company that positively impacts local communities and society.

Our three pillars

ORGANIZATIONAL CULTURE

Our culture is the essence of who we are. At Expro, we believe that we have a good culture, however we can always improve.

It is important that every member of the Expro team feels that they have a voice and are able to make constructive suggestions to constantly improve our working environment.

DIVERSITY & INCLUSION

It is important that our employees feel comfortable in a respectful, supportive and inclusive working environment; where differences are valued and all employees feel that they have a voice to make positive suggestions to enhance our working environment, customer satisfaction and business success.

We believe we must value and continue to progress our diverse employee community and inclusive culture.

CORPORATE SOCIAL RESPONSIBILITY (CSR) & WELLBEING

Across our global operations, we believe we should encourage participation in diverse community activities which align with our values of People, Performance, Partnerships and Planet.

From tree planting to supporting those less fortunate, we are proud of the work we have put back into our communities.



How we are advancing this strategy:

The commitment of our employees to the 'Social' aspect of ESG is more than just giving back to our communities and being true citizens of the world; it is also about improving the culture of Expro by bringing people together, building relationships and collaboration whilst focusing on health, wellbeing and CSR events.

Our Social team members have developed annual calendars of events to support global health and wellbeing campaigns as well as supporting local charities, caring for our environment and helping local communities. Events this year have included volunteering at foodbanks, providing school supplies, installing solar lighting for indigenous communities and taking part in beach cleaning, litter picks and tree planting.

Spotlight social stories

Supporting World Suicide Prevention Day.

September 10th marks World Suicide Prevention
Day each year. The day is held worldwide
to raise awareness of how we can create a
world where fewer people die by suicide.

This year, QHSE & Competency Assurance Advisor for our ESSA region, Richard Scaife, took the time to share his personal story regarding suicide and how important it is to take the time to talk.

In support of Richard's story, people across
Expro organized local activities to help spread
awareness around World Suicide Prevention.

Supporting World Suicide
Prevention Day
WATCH THE VIDEO (5)



Aberdeen

In recognizing World
Suicide Prevention
Day, some of our
Well Intervention
team in Aberdeen
participated in a 5K run
to promote exercise
for mental health and
overall wellbeing.



South East Africa

The team organized activities to spread awareness, including watching the company video, open discussions on the topic and practicing building resilience with a motivational coach.





Canada

In Canada they took
time to reflect ways to
encourage hope and
strengthen prevention
against suicide on
World Suicide Day. The
team watched a video
and signed a mental
health pledge before
commemorating the
day with a slice of cake.



Gabon

Our Gabon crew
took time to discuss
suicide prevention
as part of World
Suicide Prevention
Day. Their open
discussion aimed to
bring more awareness
of how an action
can create hope and
lead to change.



Cameroon

Team members in
Cameroon gathered
to watch the video and
discuss their thoughts
and experiences.



Guyana

Our Guyana team
gathered to raise
awareness about suicide
prevention as part of
World Suicide Prevention
Day. They learned about
the importance of having
a mental health first aid
action plan and pledged
to always check in on
their team members,
friends and loved ones.

Spotlight social stories

Raising Awareness for Breast Cancer.

Throughout October, for Breast Cancer Awareness Month, many of our locations hosted events to raise awareness about breast cancer and raise donations to support this important cause.

Across the globe, our teams really made the effort to show their support. From organizing talking sessions focused on breast cancer education, to dressing in pink, painting our tools, taking part in runs and wearing ribbons to show support, we covered it all.

Paint the tools pink!

Across the world, our teams painted their equipment pink to help spread breast cancer awareness.



How we raised awareness globally:

- Listening to inspiring breast cancer survivors' stories across Guyana
- Learning how to look after yourself in Argentina
- Norway competes in the local Pink Ribbon Marathon
- Attending a Breast Cancer awareness conference in Gabon
- Taking part in the Scotiabank Women Against Breast Cancer 5K in Trinidad
- Houston raised over \$500 for the National Breast Cancer Foundation
- Leading open breast cancer conversations in Brunei
- Donating CAD \$200 to The Canadian Cancer Society and painting a 500-ton elevator pink!
- Labuan wore pink ribbons to spread awareness



OCTOBER BREAST CANCER AWARENESS MONTH



Algeria

A breast cancer awareness event and mental health workshop in Hassi Messaoud.



Mexico

The team in Mexico
hosted an awareness
session with a local
doctor who shared
information on fighting
breast cancer.



Dubai

From yoga to
examinations and
awareness sessions,
Dubai goes pink for
breast cancer.



Uganda

In Uganda, we donated 20 boxes of speculum and foldable screens to help in cancer screening during community outreaches in a bid to join the cancer fighting war.

World Mental Health Day.

In honor of World Mental Health Day, on 10th October this year, we raised awareness of this initiative across Expro, recognizing the theme "Mental Health is a Universal Human Right."



Aberdeen

Our team in Aberdeen took time to discuss the importance of mental health with the help of a fun quiz.



La Romaine

In Trinidad, our team members recharged and prioritized their mental health while playing cards games and sipping on refreshing coconut water.



Brunei

In Brunei, people took the time to share the best ways to check in with each other's mental health.



Guyana

The workers
in Guyana
acknowledged
the importance of
prioritizing their
mental health with
a day of painting
and karaoke.



SE TO.



Spotlight social stories



Corporate social responsibility (CSR)



Together we are true citizens of the world.

An important part of our commitment to being a citizen of the world is being a good neighbor, working in partnership to support the causes and people that matter in our local communities.

Honesty, transparency, and accountability lie at the core of this citizenship. Together with our people and local communities, we take steps to reduce the impact of our operations and positively contribute to the environments in which we operate.

Our interest and commitment merge with our responsibilities towards these communities.

Together with our people, we are focused on operating sustainably with integrity and credibility.

We are proud of the wide range of activities that our teams across the Expro world stage in support of charitable causes and volunteering initiatives.









PERFORMANCE

Asia Pacific (APAC)



Team Brunei Iftar Gathering

Ahead of Eid Mubarak, our employees in Brunei held an Iftar gathering to spend time with their families while breaking fast. Various nationalities and religions in the team attended and shared the joys and blessings of the holy month.



Shore Clean-Up

A "Clean Our Shores" theme was put together by the Brunei team in collaboration with an NGO - Green Brunei to organize an eventful day, beach cleaning activity.



Mangrove Forest Planting in Thailand

Our employees in Thailand spent time planting mangrove trees in the local forest.

Each tree can remove an average of 12.3kg of CO₂ from the atmosphere during its lifetime. With over 500 trees planned, the project is expected to remove approximately 6,150 tons of CO₂.





Food, Clothes and School Supplies Donation in Thailand

Our team in Thailand donated clothing and school supplies to children lacking educational opportunities. The initiative aims to ensure that children are equipped with the materials needed to gain an education.



Australia Homeless Winter Donations

To make a positive impact in addressing the immediate needs of communities of operation, our Australian team donated of essential items to less privileged shelters in Western Australia.

Recognizing the pressing needs of individuals experiencing homelessness, our team focused on providing winter clothing such as winter jackets, sleeping bags, socks, and personal hygiene items.



CV Writing and Interview Workshop in Brunei

In November, our Brunei team in partnership with NesfirCroft in conducted a CV Writing & Interview Workshop for Universities and other institutes of Brunei.



Europe and Sub-Saharan Africa (ESSA)



Azerbaijan Donation Exercise in Support of Earthquake Victim

Our Azerbaijan team, with the help of the Turkish Embassy in Baku, donated various items, including dried and canned food, electrical heaters, disposable plastic materials, and blankets to aid the wounded people in Turkey following the earthquake in February.



Emancipation Day in Mozambique

In Mozambique, we spent time embracing the country's culture and heritage with traditional capulana attire in honor of Emancipation

Day – National Women's Day.



Mozambique Tree Planting Exercise

Across Vilankulo in Mozambique, we planted over 200 trees to give back to the local community and help create a greener environment around us.



Combating Malaria

To celebrate International African
Child Day, we donated 250 mosquito
nets to support the goal of combating
malaria across the local communities in
Mozambique. This donation is expected
to help the lives of approximately
1,000 children, by providing them
with essential protection.



Aksai Village Clean-Up

The Aksai team took part in an environmental initiative, collecting 38 bags of garbage, to help clean up a popular grove near the village of Berezovka on the banks of the Konchubai River.



10 Minute Plastic Challenge

As part of their commitment to the environment, our Mozambique team took part of a 10-minute clean up challenge, where they collected up to ten kilograms of plastic waste.



Mangrove Reforestation in Angola

Our team in Angola partnered with local environmental organization, Otchiva to help make a difference to our environment.

Members of Otchiva, and 24
Expro employees planted more than 3,000 mangrove seeds in the Morro dos Veados community, assisting in improving the local community while taking actions to help reduce CO₂ emissions.



Christmas Jumper Day in Aberdeen

Our teams in Aberdeen took part in Save the Children's Christmas Jumper Day in December. The annual event raises money for children who need it the most, with a festive knit worn in the workplace, school or with friends and making a donation to help give children the magical future they deserve.

Middle East and North Africa (MENA)



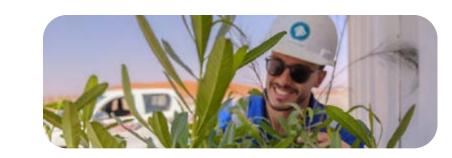
Solar Powering the Streets of Abu Dhabi

We installed 32 solar panels across Abu
Dhabi to help power the street lighting
of our yard, utilizing the country's natural
resources. This change is a prime
example of the small but important
steps to help us reach our net zero goal.



National UAE Day

UAE celebrates its 52nd National Day on 2nd December 2023. To commemorate this day, the team had some decorations and emirati coffee, dates and emirati sweets arranged at the office.



Ain Amenas Tree Planting Project

Our Algeria team is taking steps to build a greener future. In their latest environmental initiative, team members of the Ain Amenas project planted trees to demonstrate dedication to sustainability and making a positive impact on the environment.



Back to School Donations

As the local children in Hassi
Messaoud, Algeria headed back
to school, our team gathered and
donated essential supplies to the
local community, which is expected to
support over 160 orphans in the area.



Inspiring the Next Generation

We held an open day event for graduates from Baku Engineering University and the University of Warwick to educate them on our operations and the energy industry, to inspire the next generation of engineers for our industry's future.



Qatar Beach BBQ and Team building

A fun day at the beach filled with team building games, a sandcastle building competition, a quiz, food, barbecue and drinks!



North and Latin America (NLA)



Coastal Clean-Up

Supported by the Energy Chamber, the Trinidad and Tobago team gathered an impressive 1,046 lbs of trash across Quinam Beach. The campaign took place across different beaches in the country, encouraging volunteers to help protect the ocean.



Making a Difference at St. Joseph Diner

In Louisiana the team rolled up their sleeves to support with evening meal prep at St. Joseph's diner. The diner provides breakfast, lunch, and dinner daily to those in need, including those in the local extensive sheltering program. The team was proud to stand by the team's side and be a part of this meaningful cause in the community.



Argentina Tree Planting

Our Neuquén employees added a new twist to their typical working day by planting trees in their community. Their dedication and commitment were part of their initiative in promoting a better environment.



Celebrating Brazilian Children's Day

At Expro we celebrated Brazilian children's day in style this year, from lively concerts, engaging workshops, to fun games and activities there was something for everyone. It was a fun and exciting day in Brazil for our team and their children.



Fall, Family, Safety and Fun

Team Members came together for a fall, family, safety, and fun day. Employees and their families enjoyed fun jumps, face painting, outdoor games, trunk or treat, and even got to unleash their creativity with crafts and pumpkin painting. As well as informative emergency vehicle exhibits featuring the local police department, ambulance services, and fire department.



Lafayette School Donations

The team in Lafayette donated gifts to the local elementary schools in their area during their end-of-year reading rally. The rally aims to encourage children to increase and improve their reading and comprehension skills to meet grade-level standards by the end of the academic year.



Decorating for Mardi Gras

In celebration of Mardi Gras, the
Lafayette team held a decorating
contest to mark the day. In true
Louisiana style, everyone came
together and was treated to various
king cakes in different flavors.



Working with Repsol To Give Back

In collaboration with Repsol, the Expro Guyana team completed a book distribution project for the Iwokrama International Center Library and the Fairview Community Library.

Utilizing the help of small businesses, our team donated bookcases made by local carpenters, while Repsol donated books. The collaboration also included book sorting exercises, where over 27,000 books have been sorted and distributed in the country's library system.

North and Latin America (NLA)



Houston Food Bank Volunteers

Some of our Houston employees
volunteered at the Houston Food
Bank, an organization focused on
providing meals across 18 southeast
Texas counties. They inspected,
sorted, and packed the food donations
for local families in need, achieving
over 76 volunteering hours.



Guyana Team in partnership with Junior Chambers International

Our Guyana team, in partnership with the non-profit organization Junior Chambers International, donated several school items including backpacks to school kids in the Dredge Creek.



1.1.1 Food Net Campaign

The North America Offshore team hosted a food drive during the month of November to support the local charity, FoodNet's 1.1.1 community campaign.



Cookies with Santa

In true Lafayette festive season, the team organized an afternoon for everyone and their families to enjoy cookies, coloring in and games with Santa.



Argentina Wood Stove Donations

To help feed their community, our team members in Neuquén, Argentina donated a wood stove to the "La Rosenda" community center that helps provide lunch to more than 50 children.



Guyana Donations to assist Mahdia Community

Our Guyana team visited the
Director of the National Center of
Educational Resources Development
(NCERD) and donated various items
following the tragic fire at the Mahdia
Secondary School dormitory.



Canada Charity Golf Tournament

In Newfoundland and Labrador,
Canada, our team, vendors, and clients
played a friendly golf tournament to
raise proceeds for the Make a Wish
Foundation for the Janeway Children's
Health and Rehabilitation Centre.

The hospital provides specialized pediatric and maternal health care for people throughout the entire province.



Guyana Visit to the Senior Citizen

In Guyana, our team came together to pay a visit to the Archer's Senior Citizen Home in Georgetown. They brought along a variety of items including food items, personal hygiene products, detergent and cleaning supplies. It was a day filled with joy, knowing that they played a significant part in positively impacting the lives of the elderly.

North and Latin America (NLA)



Canada Team Volunteer to Serve the Homeless

Our team members in Canada dedicated time at the Anglican Church of the Good Samaritan to help feed hot meals to the homeless.



Houston Team Supports BEAR

Our Houston team supported the Be a Resource (BEAR) for CPS Kids organization with preparing Christmas gifts for at-risk children to celebrate the holiday season.



Canada Clothing Drive

In Canada, the team donated warm clothes to the homeless in the community and nonperishables food items for the food bank.



Clothing Drive in Trinidad

The Trinidad team recently showed their generosity and kindness by hosting a clothing drive for the homeless and underprivileged within the local area, collecting over 250 items of clothing. The team gathered items such as shirts, pants, dresses, shoes and children's clothing.



Giving Back for Thanksgiving

This year we held our 15th Annual
Project Care Thanksgiving Meal
Box Campaign. With the incredible
support and dedication of our team,
we successfully assembled 200 meal
kits for families in our community.
Each box was filled with the essential
ingredients for a wholesome and
hearty Thanksgiving meal.



Ugly Christmas Jumper in Houston

Our Houston team enjoyed a Holiday Breakfast Celebration and capped it off with an Ugly Christmas Sweater contest.



Diversity as a competitive advantage



Diversity and Inclusion.

At Expro, we strive to be a safe, diverse and inclusive people-focused company that positively impacts local communities and society. We believe in the importance of diversity at work and the benefits it can bring to the organization and its people. However, diversity is only half of the story. The other half is inclusion: building a work environment in which people feel valued for who they are, bring their whole selves to work and contribute fully. In an inclusive work environment, people with different backgrounds, religious beliefs, sexual orientations, ethnicity and other differences feel like they belong.

We strive to create a culture of care and to provide for the equal treatment of all employees, job applicants and associated personnel regardless of race, color, nationality, ethnic or nation origins, sex, disability, age, religion or belief, or any other factors prohibited by law. We aim to create a work environment free of harassment and bullying, where everyone is treated with dignity and respect.

Diversity and inclusion are important to our current and future success by providing varied experiences, ideas and insights to inform decisions, identify new approaches and solve business challenges. Our goal is to put the right people forward to do the right work for the right customers, in the right places, attracting, retaining and nurturing a talented and diverse workforce to turn our growth ambitions into reality.

We want to regularly improve our approach to diversity, equity and inclusion, and during 2023, we established a new learning and development program for all employees designed to help enhance our people's skills, knowledge and competencies in various areas that are relevant to their role and career aspirations.

This is designed to help to widen learning opportunities for employees and support our commitment to this important area of culture development. It has also been a focus of Expro's Social Working Group, as we have encouraged and progressed activities that have promoted an inclusive approach to health and wellbeing, community activities and cross-company collaboration.

Our people



To know everything about your subject is excellent.

To take genuine pride in everything is Expro.

Employee Training and Development

We demonstrate our commitment to our values through our employee development initiatives. We invest in our people through learning and development programs that reinforce and update existing skill sets, and which develop employees' competencies into new and complementary areas of expertise.

In direct response to feedback received from our employees in the global employee survey, we introduced an online learning library that is incorporated within our plans to aid employee development. We have also created a Learning Hub, a portal based resource, to promote our newly developed Leadership and Management Development Programs.

Our people are empowered to drive their career progression through various learning platforms to facilitate achievement and career progression. A key tenet of our development is our strong performance management culture that enables and informs management development plans and succession planning.

Employee Development Plan

We are proud to support each and every one of our people to help engineer their future careers.

We take pride in showcasing talent and developing skills by working with our people to create a specific Employee Development Plan (EDP) to achieve their career aspirations through talent development and retention initiatives.

The EDP allows employees to establish objectives and conduct regular formal performance reviews aligned with career development and feedback processes. It is critical to developing not only a career, but Expro's business.

Training and Competence Assurance

It is Expro's policy to provide employees who are trained and competent to discharge their duties and responsibilities safely and effectively. Expro has an extensive portfolio of training and competency assessments for offshore disciplines and grade levels.

Technical training underpins the Competence Management System and is designed for all levels from introductory to advanced, as well as specialist training modules for both maintenance and operational personnel.

The training programs use a blended learning approach of classroom, e-learning, well site training, and mentoring sessions. Enrollment in the QHSE and competency systems is triggered on employment by Expro.

To achieve competency, employees develop skills and progress through the discipline grades by completing training and demonstrating capability in their field through a mentoring and skill verification system.

The Competence Assurance Program employs knowledge and skill-based assessments to test the progress of the individual through each grade in their development, which are complemented by end-of-grade written assessments. Certified assessors are employed at relevant stages of the process, with supervisor or manager reviews of competence modules and performance on Expro's core behaviors.



Positively elevating the culture of Expro for today and tomorrow



We actively solicit employee feedback and continue to strive to make the Company an employer of choice and ultimately a great place to work.

Elevate, Expro's Global Employee Survey

In 2022, we launched a Global Employee Survey which was carried out to understand and act upon areas where we can positively influence and develop Expro's culture.

We ran this survey during October 2022 around the three pillars of organizational culture, employee experience and employee engagement. We included 66 questions that were aligned with our values and behaviors, and three free-text questions to elicit employee opinion and feedback.

The results of the employee feedback provided in the Global Employee Survey 2022 were analyzed and key themes communicated to our employees.

We developed three areas of focus and senior leaders from our Executive Management Team were assigned as sponsors:

- Expro Together focusing on developing our culture
- Communication
- **Business Process Improvement**

Additional focus during the year was also placed on employee learning and development and additional resource was recruited to focus on this important area. A pulse survey to gain feedback from our employees on the progress made in 2023 was launched in November. This survey consisted of 27 questions designed to elicit employee opinion and feedback against the three focus areas. The results of this survey will be used to refine our action plans and to inform our strategic priorities for 2024.

Expro, once again in line with our CSR commitment, pledged to donate \$1 to Unicef, an international charity chosen by our Social Working Group, for each survey completed. The company has quadrupled the donated total up to \$20,000.

Gender Pay Gap Reports

We believe in the value a balanced workforce brings to our Company's success and remain focused on improving this alongside the broader industry efforts.

In this report, we provide details on our UK entity, Expro North Sea Limited (ENSL), Gender Pay Gap in 2023.



Expro North Sea Limited (ENSL), Gender Pay Gap in 2023

READ THE REPORT (>)





Health and wellbeing



The health, safety and wellbeing of our people is, and will continue to be, a priority and critical element of our culture in Expro. We understand the unprecedented challenges and pressures caused by global uncertainties.

We appreciate that emotional wellbeing can affect how we face life every day, and we know that anyone can suffer from poor mental or physical health at any time. As leaders and colleagues, we know it is about recognizing when an individual needs help - and being understanding and approachable in lending our time and support.

We are committed to safeguarding our employees' health and wellbeing and to providing encouragement to our teams to build supportive networks and a collaborative culture across our organization.

In addition, we also offer 24/7 online support through resources within Expro's Employee Assistance Program (EAP), which provides a wide range of health and wellbeing support and advice globally. Throughout 2023, we launched an internal campaign to raise awareness and increase education on this valuable resource and in that time, we have seen a 0.25% increase in engagement of the EAP from our people up to 19.32%.

Encouraging a Positive Culture of Wellness and Vitality

Our commitment to employee health and wellbeing continued in 2023. We believe that promoting an environment where employees are encouraged to actively focus on their physical and mental health has a direct impact on our safety performance.

Globally, our virtual region wellbeing platforms are a great communication tool where country health and wellbeing and CSR events are promoted for employees to take part in. From fitness to mindfulness and healthy eating, our regions have developed a strong, successful structure that encourages employees to get involved.

Promoting a culture of care is fundamental to improving the working environment for our employees and to attracting and retaining employees with Expro.

Well Connect, ESSA









Powerhub, MENA









24/7

Online support through our EAP

Health and wellbeing across the world



Encouraging Positive Health and Wellbeing across the World.

Across the Expro world, we encourage regional teams to organize, promote, and participate in positive health and wellbeing campaigns. To support these initiatives, we have set up virtual platforms that allow everyone to communicate and share how people are keeping healthy, as well as setting challenges for people to take part in and share results.

From fitness to mindfulness and healthy eating, our regions have developed a strong, successful structure that encourages employees to get involved.







Malaysia Day Fun Run

21 of our members enthusiastically participated in the Merdeka 5K Fun Run in Labuan. Standing unified with their Expro shirts, our participants finished the scenic run with three lucky prize winners. Aside from being an event promoting health and fitness, it also encouraged unity with the celebration of Malaysia Day.



Team Holland's Relay Half Marathon

Embracing the art of teamwork, our colleagues in Den Helder won their local half marathon relay, completing the race in 1:35:53.



Takoradi Team Building Exercise

Our Takoradi team held a day of team-building exercises, working together to coach and learn from each other, outside of their normal working environment.



Blood Pressure Awareness at Hassi Messaoud

On World Hypertension Day, we launched a blood pressure awareness campaign in the Hassi Messaoud bases to spread awareness of the dangers of high pressure and educate about preventative methods for hypertension.



Canadian Softball Tournament

Our mixed softball team in Canada won the 6th Annual Rhoda Vinnicombe Memorial Oilfield Softball Tournament, which raises funds for the support in the local Ronald McDonald House Charity. Ronald McDonald House provides housing for families with sick children at the local children's hospital.



Zumba in Brunei

Our team in Brunei took part in cardio exercises and Zumba classes to help improve their health while having fun.

Health and wellbeing across the world



Yoga and Meditation Day

In Mumbai, our people took a moment to prioritize their physical and mental health through an enriching yoga and meditation session. With support from Dr. Shweta Varpe and Shrikant Kothawale from Art of Living, everyone experienced a truly relaxing day.



The One Minute Challenge

Our Gabon team got active by participating in a one-minute exercise challenge every first and last Friday of the month. The challenge is a fun way to bring everyone together and relax.



Neuquen Argentina Training

In three days, our team in Argentina worked hand in hand with Comodoro Rivadava to complete an audit, training sessions and courses, and a facility walkthrough. Their intensive and hard work was recognized with a 5K walk along Radatility Beach, which was a gift for their effort and commitment.



Earth Hour Challenge

In honor of Earth Day, our teams across Expro engaged in running, cycling and walking to virtually 'travel' from Argentina to the United Arab Emirates to mark Earth Hour.



Egypt Football Tournament

Our employees in Egypt took part in a soccer tournament. This was a great sporting activity to get the heart racing and the team had a lot of fun on the field.



Houston 5K Run

Our Houston team put their running shoes to use by participating in the Houston Hess Corporate 5K Run. The event was a fun way to encourage camaraderie and get the heart pumping.



Health and Wellbeing Awareness Camp in Abu Dhabi

In Abu Dhabi, a collaboration was formed with NMC Hospital to host a health and wellbeing awareness event. Camps were set up to raise awareness of physical wellbeing, healthy living and health screening.



Health and Wellbeing Awareness Camp in Qatar

In collaboration with a local hospital in Qatar, we hosted a wellness day at the Ras Laffan base. Our employees participated in BMI checks, blood pressure checks, sugar level checks and received a presentation from a specialist on managing stress and improving wellbeing.

Health and wellbeing across the world



Brunei Healthy Lifestyle Initiative

Our Brunei team participated in an exercise that was aimed at promoting better wellbeing. The exercise program included activities, such as football, Fuscal, and brisk walking.



Mozambique Blood Donation

Our team in Mozambique completed a blood drive initiative as part of their commitment to their social responsibility. Their teamwork and enthusiasm made the drive a resounding success.



Team Building in Angola

Our Angola team came together for a day of team building with a fun soccer game.



Aberdeen Sportive

Covering over 108 miles, 20 cyclists, supported by friends and family took on the Scottish highland roads to raise over £4,690 for three local charities, including Friends of Anchor, CLAN, Macmillan and MND Scotland.



Lafayette Blood Drive

Our Lafayette team carried out a successful blood donation drive which, contributed a total of 10 units of blood to the community, potentially saving up to 30 lives.



Annual BDO 5/10K Relay in Guyana

Our team in Guyana sponsored and participated in the annual BDO 5K/10K relay run at the Guyana National Park to help raise awareness about healthy living. In addition to providing support and sponsorship for the event, we also secured first and second place trophies in the 5K run, with all proceeds donated to charity.



Step Challenge - Canada

Canada was pleased to announce a winning team!

The Nor'Easter's were the 2023 Step into Fall Winners of the Step NAO challenge. Five team members Aidan Caines (Captain), Charlotte Kennedy, Glenn Chaulk, Paul Coady and Brenda Critch-Pomeroy over a 6-week period walked a total of 3,537,688 steps (2,830 Kms). Congratulations to the team for their hard work, and everyone who participated.

3.5 \

Steps over a 6-week period



Partner with us to help address the critical energy challenges of today and engineer the answers of tomorrow

